

Roadmap for Individual / Family Green Activities Implementation

This guide provides simple steps for individuals and families to adopt eco-friendly practices and save money.

So let's start saving by paying attention on your:



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1 Food Choices

Consider growing your own vegetables and fruits, even in pots, to reduce food waste and reliance on supermarkets. We can also try to plant it on a pot.

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2 Electricity Use

- You can start using candles from now on. Nooo! We're joking, we are not letting you back at flintstones / few centuries before.
- But please try to minimize your electricity consumption. Unplug unused electronics.
- You can also use metered socket to stop electricity whenever it has reached its due period.
- You can also turned off the lights when you asleep, not everybody wants to see us on our birthday suit every time. Just lit a dim light to minimize the consumption.
- Replace your outdoor lighting area with light adjusted switch on/off.



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3 Water Saving

- Start using less water when you're brushing your teeth by using a glass.
- Start showering instead of bathing all the time
- Start smiling when you're doing your thing to unload yourself. When it gets too smelly, then it's time for you to flush (don't flush all the time) and please stop smiling if it smells.
- Start using an underground water pod/bucket, should you have your own garden to water. This will contain the excess water for future use.



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4 Transportation

- Start walking if you have the time, it reduce heart-attack risks and other diseases.
- Start Uber-pool if you're convenient with it.
- Start using public transportation if you're convenient with it.
- Perhaps you shall meet interesting people along the way.



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5 Form Family Habits

Encourage your family to implement point 1-4; maybe they are not aware of the risks avoided and rewards from these activities.

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6 Community Sharing

- Share it to your Community for your breakthrough in green activities savings.
- Also seek other tips and counsel / Youtube to share / receive improvements in the future.

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7 Track Savings

Use an app to monitor your family's monthly savings from adopting these green practices.

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Basic Sustainable Living Guide

This guide offers practical ways to live a greener life, focusing on food, energy, water, transportation, and community involvement.

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